# Rasha M. Hussein

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#### PERSONAL STATEMENT

I am an associate Professor of Biochemistry, Faculty of Pharmacy. I teach several undergraduate as well as postgraduate Biochemistry courses such as Basic Biochemistry, Clinical Biochemistry and Clinical Nutrition. My research interests include molecular genetics, protein aggregation diseases, cancer and antioxidants. I am a committed, knowledgeable research fellow and a confident teacher able to deliver complex information to audiences of all levels.

#### **EMPLOYMENT HISTORY**

### September 2018 - Present

Associate Professor | Mutah University, Al-Karak city, Jordan

- Teach Pharmaceutical Biochemistry courses and others to undergraduate students
- Conduct research projects

#### November/2014 - September/2018

Assistant Professor | Beni-Suef University, Beni-Suef city, Egypt

- Taught Biochemistry courses to both undergraduate and postgraduate students
- Built a new version of the Biochemistry Department, Faculty of Pharmacy
- Successfully managed a research project, budget, team and equipment
- Advised eight students for the completion of their Master or PhD degrees.

#### June 2005 – October/2014

Academic Tutor | Beni-Suef University, Beni-Suef City, Egypt

- Gave laboratory tutorials to undergraduate students on Pharmaceutical Biochemistry including protein identification tests, enzyme kinetics as well as measurement of serum lipid profile, glucose concentration, kidney and liver functions.
- Travelled to Sweden and obtained Master degree in biomedicine from Lund University during 2008- 2010
- Secured a visiting PhD position in Groningen University, The Netherlands after granting a joint PhD scholarship from the Egyptian Missions Department, The Higher Education Ministry during 2011-2013
- Leant Western blotting technique, cell culture, in vitro analysis, protein purification
- Developed high skills in presentation and communication at seminars and conferences.

## **EDUCATION**

#### March 2020-Present

**Beni-Suef University** | **Beni-Suef City**, **Egypt** Associate professor of Biochemistry

#### October/2011 - October /2014

Beni-Suef University | Beni-Suef City, Egypt

**PhD in Biochemistry** through a joint supervision scholarship to Groningen University, The Netherlands. Thesis Title: The specific role of the small heat shock proteins as chaperone in protecting against protein aggregation mediated diseases.

#### September /2008 - June/2010

Lund University | Lund City, Sweden MSc: Biomedicine (Biochemistry)

Thesis Title: In vitro combinatorial therapeutics in breast cancer against the Notch and PI3K pathways.

# September/1999 - June/2004

Cairo University, Beni-Suef branch | Beni-Suef City, Egypt BSc: Pharmaceutical Sciences (Excellent with honor degree)

## PROFESSIONAL TRAINING AND COURSES:

Advanced Courses at Lund University, Sweden:

- Clinical chemistry and clinical genetics
- Tumor Biology
- Clinical microbiology and Immunology
- Bioinformatics and sequence analysis

Advanced courses at Groningen University, The Netherlands:

- Advanced light microscopy master class.
- Alzheimer's disease, aging brain and brain development master class.

Advanced courses at Beni -Suef University, Egypt:

- Basic Statistics
- Organic chemistry
- Metabolism
- Nucleic Acids

Courses for improving teaching skills:

- Student evaluation and examination techniques
- Research ethics
- University legal and financial Aspects
- The credit Hour system
- Communication skills
- Modern Educational techniques

# **ADDITIONAL SKILLS**

- Languages: English TOEFL iBT certificate
- Computer skills: International Computer driving License (ICDL) certificate
- Data Collection and Analysis
- Teaching, Tutoring and Presenting
- Research interests: Protein aggregation, Cancer, antioxidants, molecular biology, animal models, cell culture

## **AWARDS**

- Principal investigator of a research project (50000 EGP) funded by Beni-Suef University, 2017.
- The prize of the best PhD thesis in Pharmaceutical Sciences awarded by Beni-Suef University, 2016.
- The prize of best University Staff member in Biochemistry Department, Faculty of Pharmacy, Beni-Suef University for academic year 2016-2017.
- Prize of (high citing researchers) at Mutah University, Jordan 2022

#### CONFERENCES:

- 3<sup>rd</sup> Huntington disease symposium at Leiden University, the Netherlands, 2013.
- 13th chaperone Society meeting at Utrecht University, the Netherlands, 2013.
- 1<sup>st</sup> international conference in antioxidants, aging and degenerative diseases, Malaysia, 2015.
- PI3K like protein conference, Milan, Italy, 2015.
- Active Pedagogical Techniques in Higher Education: Combining Multidisciplinary Learner-Centered Educational Experience from Egypt, Germany, Malaysia and the United States, Mutah City, Jordan, 2018.

- 1st International Symposium on Recent Advances in Treatment of Cancer and Diabetes, Mutah City, Jordan, 2019.
- The second international conference on COVID-19 Pandemic rearranges the scientific research priorities, Mutah University, Jordan, 2021

#### **PUBLICATIONS**

- 1. Lambert W, Rutsdottir G, Hussein R, Bernfur K, Kjellström S, Emanuelsson C. Probing the transient interaction between the small heat-shock protein Hsp21 and a model substrate protein using crosslinking mass spectrometry. Cell Stress Chaperones. 2013;18(1):75-85.
- 2. Månsson C, Arosio P, Hussein R, Kampinga HH, Hashem RM, Boelens WC, et al. Interaction of the molecular chaperone DNAJB6 with growing amyloid-beta 42 (Aβ42) aggregates leads to substoichiometric inhibition of amyloid formation. J Biol Chem. 2014;289(45):31066-31076.
- 3. Hussein RM, Benjamin IJ, Kampinga HH. Rescue of aB Crystallin (HSPB5) Mutants Associated Protein Aggregation by Co-Expression of HSPB5 Partners. PLoS One. 2015;10(5):e0126761.
- 4. Hussein RM, Hashem RM, Rashed LA. Evaluation of the amyloid beta-GFP fusion protein as a model of amyloid beta peptides-mediated aggregation: a study of DNAJB6 chaperone. Front Mol Neurosci. 2015;8:40.
- 5. Motawi T, Shaker O, Hussein R, Houssen M. Polymorphisms of a1-antitrypsin and Interleukin-6 genes and the progression of hepatic cirrhosis in patients with a hepatitis C virus infection. Balkan J Med Genet. 2016;19(2):35-44.
- 6. Hussein RM. Biochemical relationships between bone turnover markers and blood glucose in patients with type 2 diabetes mellitus. Diabetes & Metabolic Syndrome: Clinical Research & Reviews. 2017;11:S369-S372.
- 7. Mohamed WR, Mehany AB, Hussein RM. Alpha lipoic acid protects against chlorpyrifos-induced toxicity in Wistar rats via modulating the apoptotic pathway. Environ Toxicol Pharmacol. 2018;59:17-23.
- 8. Hussein RM, Mohamed WR, Omar HA. A neuroprotective role of kaempferol against chlorpyrifos-induced oxidative stress and memory deficits in rats via GSK3β-Nrf2 signaling pathway. Pestic Biochem Physiol. 2018;152:29-37.
- 9. Mo'men YS, Hussein RM, Kandeil MA. Involvement of PI3K/Akt pathway in the protective effect of hesperidin against a chemically induced liver cancer in rats. J Biochem Mol Toxicol. 2019:e22305.
- 10. Ismail DM, Shaker OG, Kandeil MA, Hussein RM. Gene Expression of the Circulating Long Noncoding RNA H19 and HOTAIR in Egyptian Colorectal Cancer Patients. Genetic testing and molecular biomarkers. 2019;23(9):671-680.
- 11. Hussein RM. Evaluation of the Circulating Betatrophin Concentration and its Possible Correlations Among Diabetic Patients with Dyslipidemia. Turkish Journal of Endocrinology & Metabolism. 2019;23(1).
- 12. Ali MS, Hussein RM, Gaber Y, Hammam OA, Kandeil MA. Modulation of JNK-1/β-catenin signaling by Lactobacillus casei, inulin and their combination in 1, 2-dimethylhydrazine-induced colon cancer in mice. RSC Advances. 2019;9(50):29368-29383.
- 13. Ali MS, Hussein RM, Kandeil MA. The Pro-Oxidant, Apoptotic and Anti-Angiogenic Effects of Selenium Supplementation on Colorectal Tumors Induced by 1, 2-Dimethylhydrazine in BALB/C Mice. Reports of Biochemistry and Molecular Biology. 2019:216-226.
- 14. Mo'men YS, Hussein RM, Kandeil MA. A novel chemoprotective effect of tiopronin against diethylnitrosamine-induced hepatocellular carcinoma in rats: Role of ASK1/P38 MAPK-P53 signalling cascade. Clin Exp Pharmacol Physiol. 2020;47(2):322-332.
- 15. Hussein RM. Upregulation of miR-33 and miR-155 by gum acacia mitigates hyperlipidaemia and inflammation but not weight increase induced by Western diet ingestion in mice. Archives of Physiology and Biochemistry. 2021:1-7.
- 16. Hussein RM, Sawy DM, Kandeil MA, Farghaly HS. Chlorogenic acid, quercetin, coenzyme Q10 and silymarin modulate Keap1-Nrf2/heme oxygenase-1 signaling in thioacetamide-induced acute liver toxicity. Life Sciences. 2021;277:119460.
- 17. Hussein RM, Al-Dalain SM. Betaine downregulates microRNA 34a expression via a p53-dependent manner in cisplatin-induced nephrotoxicity in rats. Journal of Biochemical and Molecular Toxicology. 2021;35:e22856.
- 18. Hussein RM, Kandeil MA, Mohammed NA, Khallaf RA. Evaluation of the hepatoprotective effect of curcumin-loaded solid lipid nanoparticles against paracetamol overdose toxicity: Role of inducible nitric oxide synthase. Journal of Liposome Research. 2022:1-11.

19. Hussein RM, Youssef AM, Magharbeh MK, Al-Dalaen SM, Al-Jawabri NA, Al-Nawaiseh TN, et al. Protective Effect of Portulaca oleracea Extract Against Lipopolysaccharide-Induced Neuroinflammation, Memory Decline, and Oxidative Stress in Mice: Potential Role of miR-146a and miR-let 7. Journal of Medicinal Food. 2022.

## **OTHERS:**

Website: <a href="http://www.bsu.edu.eg/homepage.aspx?Pid=1703&lang=en">http://www.bsu.edu.eg/homepage.aspx?Pid=1703&lang=en</a> Research gate: <a href="https://www.researchgate.net/profile/Rasha Hussein">https://www.linkedin.com/in/rasha-hussein-556b165b/</a>

Google Scholar: <a href="https://scholar.google.nl/citations?user=jfs382oAAAAJ&hl=en&oi=ao">https://scholar.google.nl/citations?user=jfs382oAAAAJ&hl=en&oi=ao</a> Website: <a href="https://academic.mutah.edu.jo/Rasha.Hussein/sitepages/Home.aspx">https://academic.mutah.edu.jo/Rasha.Hussein/sitepages/Home.aspx</a>

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## **REFERENCES ON REQUEST**